



CHILDREN'S WORLD ACADEMY



SEPTEMBER 2016

PRINCIPAL'S MESSAGE

Dear CWA Parents:

Thanks to efforts and involvement of students, staff and parents, we have had a great start to the school year. Opening day activities, annual events and settling in to the new routine have all contributed to the positive start.

In addition to academics, the staff and students have been busy planning field trips and getting clubs set up and started. For example, our garden in the Kindergarten yard has been revived and is flourishing, helping hands have begun pulling weeds in our flower beds near the daycare entrance, Student Council has held their elections and this is just to name a few.

As we round the corner into Fall, we can anticipate cooler weather and the need for proper clothing. If your child is missing a cardigan (or other item of clothing) you may want to suggest a visit to our lost and found; as it is already well populated. We can also anticipate the distribution of Interim Report cards in mid-October and Term I report cards in November.

On a personal note, I would like to thank everyone for the very warm welcome that I have received. It is a true pleasure and honor to join such wonderful school community.

Alana Quinn-Leroux, Principal



SCHOOL PHOTOS Monday, October 3rd .



We are delighted to welcome the following to our staff.

- Emily Robertson – Kindergarten
 - Replacing Nicole Xenopoulos
- Nadia Lakhdari – Grade 2
 - Replacing Marie Christine Parson's
- Alexandre Gueudry - Art

We would also like to welcome back –

- Laura Lo Vasco – Kindergarten
- Sonia D'Arrigo – Kindergarten
- Milena Brunetta – Grade 4
- Kim Harkness – Grade 5
- Laura Massé – Grade 5
- Kristen Reid – Grade 6
- Tania D'Alessandro – Grade 6
- Mike Apa – Phys Ed

IMPORTANT DATES



September 30	Dress Down Day for Terry Fox Please donate
October 3	School Photo Day
October 6	IB Parent Information Evening
October 10	Thanksgiving Holiday
October 11	Home & School meeting – 6:45 p.m.
October 13	Subway Lunch Interim Reports sent home
October 18	Cross Country Run – Grades 4-6
October 19	Cross Country Run – Grades 4-6
October 26	Grade 4 Vaccinations
October 27	Pizza Lunch
October 31	Halloween – Dress Down Day



Please remember to place your order if you need some labels from Mabel's Labels. Here is the link for Mabel's Labels

<https://www.mabelsfundraising.com/campaigns/135-92-childrens-world-academy>. Click on "Support a Fundraiser" and find Children's World Academy under "Select your School" tab.

PEANUT ALLERGY ALERT



Children's World is a **Peanut & Nutella Free Zone**. We have children with **SEVERE** peanut allergies in the building. Any products containing peanuts must **NOT** be brought to school for snacks or lunches. Also if students have peanut butter for breakfast, especially those in Kindergarten classes, please make sure they wash their hands and brush their teeth well before coming to school. Thank you!

GOVERNING BOARD NEWS

The Governing Board members for 2016-2017 school year are as follows:

Parent Representatives

Returning members: Anita Coretti, Nadia Longo, Maria Francesca Martinez, Christopher Sweetnam-Holmes

New members: Alvern Bunn, Michelle Johnstone, Jennifer Millen, Elisa Sebastiano

Chairperson will be Jennifer Millen



Staff Representatives

Mélanie Bougie-Richer, Emmanuel Tremblay, Melanie Flores, Tania D'Alessandro / Mathieu Lavallée, Alexandre Guedry, Julieta Ascencio, Karen Heather

Next meeting: **Monday, October 17th at 6:30 p.m.**

Note: Unless otherwise specified, meetings take place in the staff room at the school.

Dates of future meetings will be posted on the school's website.

Message from Home and School

Your Home and School would like to welcome everyone back to school. We would like to extend

a warm welcome to our new parents who are joining CWA for the first time. We hope that everyone had a relaxing and enjoyable summer. We look forward to another successful and fun-filled school year with our CWA family.

Thank You! Elisa Sebastiano, H&S Chair

Volunteer Coordinators



Parent volunteers enrich our students' lives and can make a difference. Notices by email from the CWA Volunteers Coordinators Team will be sent out throughout the year regarding the various school events / activities that require volunteers. The CWA Volunteers Team works closely with CWA Teachers, Administrators and the Home & School associations to help communicate volunteer opportunities that are happening within the school.

The CWA Volunteers Team is looking for another team member to join our team to help with the communication of these great events. Please reply to cwavolunteers@lbpearson.ca if you are interested or would like more info.

Coordinator's Corner



Welcome back parents and students!

We have another great PYP year ahead.

With our new yearlong theme "Be Your Own Hero!"

We want our students to understand that **EVERYONE**

can make a difference. As always, we would like to celebrate our students' actions. Please let us know what actions your child is taking to make a difference in their own life and the life of others. You can now find "Taking Action" forms on our website.

<http://cwa.lbpsb.qc.ca/IB/Action-form.pdf>

Fill it in and return it to your child's teacher or to me.

You can also write me an email describing what kind of action your child took.

Also, we will continue to look for students who demonstrate the Learner Profile Attributes or the PYP Attitudes.



You can find our "I See IB" cards (French and English) by following this link:

<http://cwa.lbpsb.qc.ca/IB/ISee.pdf>

We can also provide you with printed cards that we have available at school.

Again contact me, Mme Bouchard at sobouchard@lbpearson.ca.

I would like to thank you for your continued support with our IB Programme.

sobouchard@lbpearson.qc.ca

S. Bouchard, IB Coordinator

Risk Takers for September

Simona P	K011
Massimo V	K011
Adam M	K022
Delaney N	K022
Benjamin B G	K033
Addison R	K033
Elliott M	K044
Danik B	K044
Jacob L	101
Jessica P	101
Sarina T	102
Nicholas F	102
Aaliyah G C	103
Elena M	103
Mark F G	104
Cierra P	104
The Entire Class	201
The Entire Class	202
The Entire Class	203
The Entire Class	204
Tristan S	301
Ella G	301
Massimo D E	302
Alessandra I	302
Isabella R	302
Jonathan B	303
Celestia T	303
Luca B	401
Kylie S	401
Liam B	402
Koralayne S	402
Zachary K	403
Saoirse C	403
Nicolai M W	501
Lilian Y	501
Kalista M	502
Jenna P	502
Jake M	503
Nathan R	503
Béatrice D	503



Krystyna P	503
Sydney F	601
Claudia L	601
Amanda O de R	602
Stefano L	602
Maximilian I	603
Sarah F	603
Luca Gabriel B	603

CORN ROAST THANK YOU



We would again like to thank the PPO

members (now known as your Home and School members) and other parent volunteers who worked so diligently to pull off a fantastic family corn roast on September 9th.



Thank you once again to La Belle Province for their generous donation of the hot-dogs and buns. We would also like to thank the students from LCCHS, Villa, Beurling, Royal Vale and Lakeside High Schools who were graduates from CWA. Finally a big thank you to Fabrizio D'Elia from Partytime Entertainment for being our DJ.

Keeping Environmentally Friendly



Remember that we are trying to establish practices in our school that are more "green". Here are a few things we would like you to try: Refillable water bottles only please (no plastic ones). Try to use re-usable, washable plastic containers for your child's lunches. Try not to send lunch items that have unnecessary packaging (raw fruit and vegetables in a re-usable plastic container instead of a commercial product). Every day is Earth Day at CWA!

CWA Student Council

The cycle three students have elected two students in each classroom to represent the CWA students and be part of the student council. We would like to congratulate all the students that presented themselves as candidates. The elections were held on September 26th and were done in the same procedure as real elections as this was one of the activities planned with our grade 6 unit on political systems. Congratulations to following students who will be part of CWA's student council for the 2016-2017 school year:

501- Keira S and Lily Y
502- Eneida K and Lily R
503- Beatrice D and Jake M

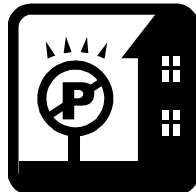


601- Sydney F and Claudia L
602- Kayla F and Stefano L
603- Luca B and Sarah F

PARKING REMINDERS

Parking reminders: We would again ask parents to please respect the parking lot restrictions and refrain from using the parking lot between the hours of **7:30 and 3:00**.

Thank-you for your understanding and cooperation!



Parking lot safety

Please remember to cross streets only at corners or crosswalks and when you are driving near the school please reduce your speed and watch out for our students.



Please respect the handicapped parking zones near the daycare doors.

Home and School News

Congratulations to:

- Elisa Sebastiano for having been re-elected as the chairperson of the H&S;
- Cecelia Lazzarini as Vice-President;
- Josie D'Amico as Treasurer;
- Victoria Aube as Secretary; and
- Terri Di Nardo as Membership Chair

Please remember that you do not need to be a voting member of H&S in order to make a contribution. All parents are welcome to attend any of the meetings, and we appreciate your help and support at our events. If there is a particular event that you would like to be part of, please let us know!

REPORTING ABSENCES



When your child is sick or has an appointment **PLEASE** let the office know so that we do not have to call you.

You can call at any time and leave a message on the answering machine (ext. #3) or you can e-mail Lynn at lcloss@lbpsb.qc.ca
Thank you!



Please remember when writing a note to staff to always put your **child's full name and room number**. If the note needs to be passed on to the office or daycare it makes things move along much more

quickly. **Whenever possible please inform the office as well by e-mail including your child's name and room number as well to lcloss@lbpsb.qc.ca.** Thank you for your understanding.

You will find a form attached to the newsletter which can be used when sending notes to school. We hope that you will find this format convenient to use to send important message to school staff. If you would like to have a hard copy of this form sent home to you, please simply email Miss Lynn.

VISITORS AND VOLUNTEERS

First, thank you to all those parents who are able to volunteer in the school. Your help is greatly appreciated.

Volunteer Sign In

It is extremely important that we maintain a safe and controlled environment for our students. To this end we must insist that any parent who will be in the building during regular school hours (to volunteer or meet a teacher etc.) must first check in at the office, sign the visitors book and pick up an ID badge. The visitor must wear the badge for students and teachers to see. The badge should be returned to the office at the end of the visit.

Morning and Afternoons

Parents are asked not to enter the school yard at any time. This rule is necessary in order to help keep our students safe from intruders. For safety purposes we must insist that the school yard be reserved for students and supervisors only. Please remember that parents picking up their children at the daycare after school are asked to remain near the entrance. Thank-you for your understanding.



Please remember to place your order if you need some labels from Mabel's Labels. Here is the link for Mabel's Labels

<https://www.mabelsfundraising.com/campaigns/13592-childrens-world-academy>. Click on "Support a Fundraiser" and find Children's World Academy under "Select your School" tab.

Lice Check

Parent volunteers will be conducting regular lice checks in the school. If your child is found to have lice and/or nits we need your help in controlling any infections. Please follow the instructions sent home from the school nurse to help eliminate this problem.



CHILDREN'S WORLD ACADEMY WEB SITE

Please note that our newsletter (along with all memos to parents from the school administration) is posted on the Children's World web site every month. So if you need to look something up and cannot find the newsletter just check out the web site at <http://cwa.lbpsb.qc.ca/>



Articles of Interest

Strategies for a Happier You

A positive attitude can do more for you than simply put you in a good mood. With the right attitude, opportunities will replace problems, challenges will replace obstacles, and the impossible situation becomes possible. The steps below will help you create a positive attitude and will give you the tools to overcome any situation with flying colors.

1. Take a look at the company you keep.

The people around you have a great impact on your daily attitude. It's hard not to fall into the negativity trap when you hear negative comment after negative comment. Other people may not intend to put you in a negative mood, but that doesn't mean it won't happen.

When confronted with a negative individual, you have three choices: You can improve the situation with positive comments, maintain an indifferent attitude, or join in the negative conversation. The latter, unfortunately, is the easiest path to follow. If

you know ahead of time that a certain group or individual is giving out negative energy, do your best to avoid the situation.

2. Recognize that you aren't in a good mood.

You know when you aren't in a good mood, and this is a very important part of improving the situation. When you are coming in constant contact with others who are in a bad mood, it may serve to perpetuate your negative feelings.

Sometimes the best thing to do is give yourself some time alone. Let your mood cool down. Relax. You'll have a much better outlook on things.

3. Reward yourself.

At the end of the day, give yourself a reward. This could be something as simple as a good meal, a movie, or a special treat. When you have something to look forward to, it may help keep your attitude positive even in the face of frustration.

Take a One-Minute Vacation



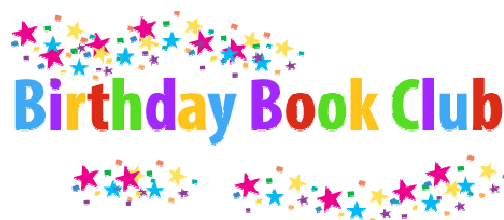
Do you want to get away from it all? This isn't quite as good as a Caribbean vacation, but it can recharge you. Follow these simple steps:

- Take one deep breath and gradually release it. At the same time, think about a vacation spot you've been to or would like to visit.
- Slowly shrug your shoulders and roll your head, first in one direction then the other, one full circle in each direction.
- Turn your head slowly, as if looking over your shoulder, but very slowly, once in each direction.
- Dangle your arms at your side while bending slightly forward with your chin resting on your chest.

Now, take another deep breath and gradually release it.

Feeling better?

This exercise will not only revive you, but will loosen and relax muscles that need a break as badly as you do.



As a means of promoting healthy eating, we would ask that you not bring sweets in on birthdays. As an alternative, we would invite you to participate in

our birthday book; an initiative that was started last year. For the cost of a box of Tim Bits (approx. \$8), you could purchase a book in your child's name. A label with your child's name will be placed in the book which will remain at the school long after your son or daughter has graduated from CWA. The book will be displayed in your child's class room, and read to other students. We think this is a healthier, smarter alternative to more sugary treats. For parents who wish to participate in the birthday book program and would like suggestions of titles of books to purchase, you can contact Mme. Bouchard at sobouchard@lbpearson.qc.ca

Thank you for helping to support learning and healthier lifestyles for our students!

Luca M	201	August 26
Niko L	202	August 26
Simona F	101	August 26
Selena D S	502	August 28
Adrianna D	603	August 29
Elizabeth O d Z	603	August 29
Nathan W	101	August 29
Thomas O d Z	402	August 29
Venus R	K011	August 29
Jessica P	101	August 30
Louis-Roch L	503	August 30
Micah B	403	August 30
Nyah Kaur S	K033	August 31
Reza Y	103	August 31



August

Leo P	401	August 1
Lilian Y	501	August 1
Elena M	103	August 2
Lucas A G	503	August 2
Evelyn N	501	August 3
Leopold R	301	August 3
Amanda O D R	602	August 5
Kailen H F	402	August 6
Luca D C	302	August 6
Gabriel M	403	August 7
Sarai B	603	August 8
Georgios P	601	August 9
Cameron R	K033	August 12
Massimo D E	302	August 12
Reno C	602	August 12
Sofia J	503	August 13
Ayla M	402	August 14
Alexia Rose S M	204	August 16
Dante M	K044	August 16
Sophie W	K033	August 17
Alessandra C M	202	August 18
Brandon C	301	August 20
Olivia C	303	August 20
Massimo E	401	August 21
Matteo E	403	August 21
Ezekiel C	201	August 22
Dior C	K011	August 24
Maxwell N	203	August 24
Zofia G	601	August 24
Ryan N	403	August 25

September

Noah C	502	September 5
Anjali C	501	September 7
Hanna S W	602	September 8
Kiara F	201	September 8
Linh-Chi N	204	September 8
Jacob D	K044	September 9
Devin O R	402	September 10
Nathan P	101	September 10
Alexie K	301	September 13
Elsa C	601	September 14
Nico T	K044	September 15
Tyler F	K033	September 15
Ava T	501	September 16
Brianna G	302	September 16
Juliana S	K011	September 16
Ryson C	K022	September 16
Fallyn G	202	September 17
Kara H	202	September 17
Myla G	501	September 19
Saoirse C	403	September 19
Dalia A	K044	September 20
Grace M	601	September 20
Lily-Myla R	502	September 20
Julian Anthony M	K011	September 21
Evan F D	204	September 22
Giuseppe V	402	September 22
Luc M	602	September 23
Sofia S	301	September 23
Gabriel M	101	September 24
Mark F G	104	September 24
Alex D N	402	September 25
De'Mya J R	203	September 25

Justin C	104	September 25
Christopher-Lorenzo A	K022	September 26
Jarred P	202	September 27
Cody P	503	September 28
Hayden L L	603	September 29
Thanh-Tri N	502	September 29
Giada F	104	September 30
Liam B	402	September 30





Notes to CWA

School Daycare/Lunch

Child's Name: _____

Homeroom: _____ Date: _____

Note: _____

Signature _____

Parents Name: _____

Please print clearly



Notes to CWA

School Daycare/Lunch

Child's Name: _____

Homeroom: _____ Date: _____

Note: _____

Signature _____

Parents Name: _____

Please print clearly



Notes to CWA

School Daycare/Lunch

Child's Name: _____

Homeroom: _____ Date: _____

Note: _____

Signature _____

Parents Name: _____

Please print clearly



Notes to CWA

School Daycare/Lunch

Child's Name: _____

Homeroom: _____ Date: _____

Note: _____

Signature _____

Parents Name: _____

Please print clearly



The nurse's advice

September : Back to school!

The nurse is on call to answer any concerns or questions relating to health issues.

Infectious diseases

In an infection control concerns, if your child has a contagious disease, a diagnosis must be made by a doctor and it's mandatory to notify the school. Here is a list of diseases that we need to be notified about:

- | | | | |
|----------------|-----------------|---------------|--------------|
| -Shingles | -Whooping cough | -Lice | |
| -Chickenpox | -Mumps | -Strep Throat | -Impetigo |
| -Scarlet fever | -Hepatitis A | -Rubella | -5ft disease |
| -Diphtheria | -Scabies | -Tuberculosis | -Gastro |
| -Measles | -Meningitis | | |

Lice

You are responsible for examining your child's scalp once a week. However, if the school's principal deems necessary, the nurse may be asked to check your child's scalp to prevent an outbreak. At all times refer to the document below:

Lice pamphlet :

<http://publications.msss.gouv.qc.ca/msss/en/document-000130/>

Nutrition

Just a little reminder to encourage your child to breakfast in the morning. It is essential to provide energy and to help learning in class.

<http://www.momables.com/oatmeal-breakfast-cookie/>

Lunch box: make sure to provide food from the four food groups as much as possible and add an ice pack on food's top. Also, teach your child to conclude his meal with a cheese stick. It helps to prevent tooth decay. It's also better to prioritize drinking water or milk to soft drinks .

* It is advisable to bring a reusable water bottle every day.

<http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php>

School bag

Finding the right size for your child's school bag and how to adjust it is as much investing in his/her future as education.

<https://canadasafetycouncil.org/campaigns/dont-let-your-education-weigh-you-down>